

NEWSLETTER

A WORD FROM OUR CHIEF EXECUTIVE:

Welcome!

Firstly I would like to thank you, our supporters, for your continued and faithful support of our work over the last few years. It has been a huge encouragement. It is wonderful to be back on the Ditton Road premises.

There have been a few changes in the way we are working as an organisation...one of which is becoming more digital, which has freed our staff from bureaucracy to spend more time with the people we support.

I hope you will feel encouraged by these developments.

Best wishes, Kav



Firs Court

Our digitalisation has allowed us to become more reactive to their individual needs and supporting people to become more independent and involved in their own care. This also gives the people we support more confidence in their day to day care needs.



"My new tablet allows me to show people who I am and what I like. Staff help me to use it so I can be more independent" - person we support

WELLBEING HUB

It's great to hear the buzz and busyness coming back to the Fircroft Centre. People we support have commented on how much they are enjoying the new layout and activities. One of the highlights is trips in the minibus. Someone said that they are getting to see so many places they have not felt able to go to on their own.

"People often call me 'mad' - and it makes me feel rubbish and ashamed. But the minute I walk into Fircroft all that goes" (Person we support)



MAN SHED

This is a small group of men who are working together to create, repair and upcycle items to sell in our shop

- We offer a space for men to gather connect and share their experiences over a cuppa.
- An opportunity to share skills and/or learn new ones.
- A chance to get involved in a much valued charity.

Please help us to spread the word.

USEFUL NUMBERS:

Wellbeing Hub& Man Shed
0208 399 1772

FINANCE DEPARTMENT

0208 339 6935

CHARITY SHOP

020 8399 3136

Firs Court

Did you Know?

Our Charity SHOP is more than a charity shop. It allows us to support and encourage people in work experience and gives meaningful employment to people we support.

We also have a new shop

Manager Alistair - do pop in

0208 739 1530	and meet him.	
DONATION FORM (EVERY PEI DONATION AM		RENCE)
FULL NAME:		
ADDRESS		
POSTCOD	E	Or scan the QR

TELEPHONE NO._____

EMAIL: ______

Please tick here if you do not want an acknowledgement



Or scan the QR code to our Justgiving page

