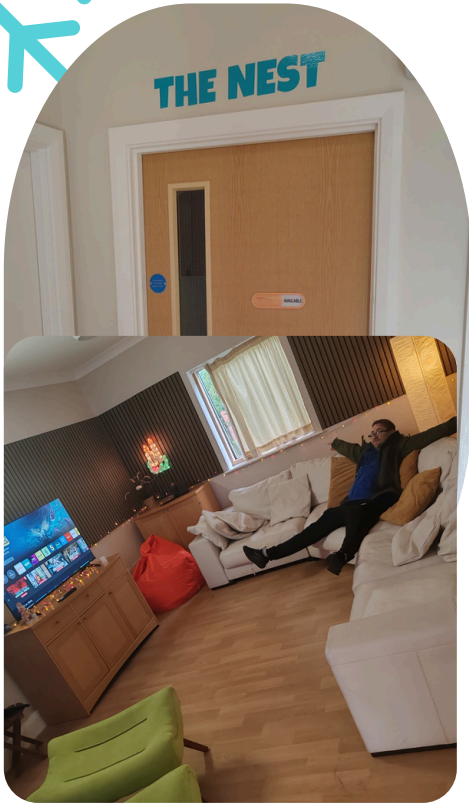




THE NEST AT MAPLE



The People we support at Maple decided that they would like another space other than the main lounge. Everybody put their heads together and decided to make a little-use space into a break-away room, which will be used for meeting family and friends and even for just chilling out away from the busy bustle of the rest of the house. They named it The Nest.

Some of the people we support were able to go to our Charity Shop on Tolworth Broadway to choose furniture and other essential items like cushions, etc.

They are able to book the room themselves, including to have a social event with a partner, friends of family or with a house mate.

It has been such a successful space, that the people we support in Privett House now want their own space. This will mean re-purposing a bathroom that is never used. This will mean we now need to appeal for funding for the changes that are needed and we are busy seeking quotes from builders. The pictures below will show what the vision for the transformation.

THANK YOU'S

We are so grateful to everyone who has supported us in so many ways. In particular we would like to highlight the following organisations: Hook Singers (£369.05), St Paul's Players, Awards for All (£19639), Kingston Giving (£500), Sainsbury's, Kingston Nursing Association (£2,268), New Malden Rotary Club (£361.50), St Matthews Church (£650), Awards for All



WINTER 2026

MESSAGE FROM OUR CEO

Firstly, Happy New Year! May 2026 be full of blessings. We are looking forward to the year ahead and have new exciting plans to improve our services for People We Support. Two of which I outline below:

At **Firs Court** we are making space for a new snug in Maple. In the **Wellbeing Hub** we are receiving funding to develop our Health and Wellbeing programme. More about these plans later in the newsletter.

We hope you will partner up with us to provide a service that continues to improve the life of those we support. Please contact kathleen@thefircrofttrust.org if you think you are able to support us.

With very best wishes for the year ahead

Kay

DATES FOR THE DIARY

Quiz Night - 20th February

AGM - 2nd March

Pre-loved Sale - 24th April



THE WELLBEING HUB

We are thrilled to share that we have secured funding from Awards for All, to expand the work of the Wellbeing Hub and support people to live meaningful, independent lives with positive mental health and to remain part of their local communities – through Life Skills and holistic support.

We provide daily support to people with learning disabilities and/or severe mental illness in a non-institutional, beautiful setting. The programme:

- A Life Skills programme for independence
- Weekly social and cultural activities, building confidence and self esteem
- A safe/supportive environment for structure and social connection
- A hot meal - often the only one they will eat that day
- Support with forms/letters, e.g. Personal Independence Payments/Travel passes
- Volunteering opportunities, for example in the Hub or in the Fircroft shop in Tolworth

All our activities are tailored to the individuals attending, which sometimes means that what the person needs is just a safe place to be, and our multi-purpose premises allows for that too.



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